**EVENT/YEAR GROUP: DATE: SCHOOL: TEACHER:**

|  |  |  |
| --- | --- | --- |
| **GIRLS** **TEAMSHEET** | **TRACK EVENTS** | **FIELD EVENTS** |
| Obstaclerelay | 1 lap individual | 2 lap individual  | 6 lap paarlauf | Over/under relay | 4 x 1 lap relay | Chest push | Standing long jump | Vertical jump | Soft javelin | Speed bounce | Target throw |
|  | No of athletes per event  Athlete name | 4 | 1 | 1 | 2 | 4 | 4 | 3 | 3 | 3 | 3 | 3 | 3 |
| 1 |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 2 |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 3 |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 4 |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 5 |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 6 |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 7 |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 8 |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 9 |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 10 |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 11 |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 12 |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 13 |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 14 |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 15 |  |  |  |  |  |  |  |  |  |  |  |  |  |

Tick appropriate box for each of the athlete’s events. Each athlete limited to a total of 5 events

**EVENT/YEAR GROUP: DATE: SCHOOL: TEACHER:**

|  |  |  |
| --- | --- | --- |
| **BOYS** **TEAMSHEET** | **TRACK EVENTS** | **FIELD EVENTS** |
| Obstaclerelay | 1 lap individual | 2 lap individual  | 6 lap paarlauf | Over/under relay | 4 x 1 lap relay | Chest push | Standing long jump | Vertical jump | Soft javelin | Speed bounce | Target throw |
|  | No of athletes per event  Athlete name | 4 | 1 | 1 | 2 | 4 | 4 | 3 | 3 | 3 | 3 | 3 | 3 |
| 1 |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 2 |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 3 |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 4 |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 5 |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 6 |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 7 |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 8 |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 9 |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 10 |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 11 |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 12 |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 13 |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 14 |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 15 |  |  |  |  |  |  |  |  |  |  |  |  |  |

Tick appropriate box for each of the athlete’s events. Each athlete limited to a total of 5 events